

age categories, weight and fighting time

IK 2023-1

CADETS		JUNIORS (JEUNE FIAS)		ESPOIRS (JUNIOR FIAS)		SENIORS	
Born in 2008 and 2009		Born in 2006 and 2007		Born in 2004 and 2005		Born between 1990 and 2003	
Male	Feminine	Male	Feminine	Male	Feminine	Male	Feminine
- 46	- 41						
- 49	- 44						
- 53	- 47	- 58	- 50	- 58	- 50	- 58	- 50
- 58	- 50	- 64	- 54	- 64	- 54	- 64	- 54
- 64	- 54	- 71	- 59	- 71	- 59	- 71	- 59
- 71	- 59	- 79	- 65	- 79	- 65	- 79	- 65
- 79	- 65	- 88	- 72	- 88	- 72	- 88	- 72
- 88	- 72	- 98	- 80	- 98	- 80	- 98	- 80
+ 88	+ 72	+ 98	+ 80	+ 98	+ 80	+ 98	+ 80
4 minutes *		4 minutes *		5 minutes *		5 minutes *	